Adaptive Strategies of Structures that Enhance Invasion in *Sicyos angulatus*

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Abstract

*Sicyos angulatus* may become an extremely dangerous invasive plant depending on its ability to naturalize and outcompete other species. To further understand the adaptive strategies of structures that could enhance its competitiveness, field surveys and experimental studies were conducted in plant communities where invasion may occur. The results showed that multistage branches of tendrils ensured that the plants could climb higher to strive for better photosynthetic opportunities. The single fleshy fruit of the infructescence was carpeted with slender white spines on which dense barbs were arranged, which could defend fruits against herbivores and contributed to long-distance dispersal. There would be beaklike lignified thorn forming to continue spreading when most of the barbed spines fell off during the fruit season. Rootstock was found in this herbaceous vine, which could accumulate various storage substances during development and helped the plants spread in harsh conditions. Moreover, the discovery of ants as new pollinators enriched the pollination system of *S. angulatus*, which greatly enhanced pollination efficiency. Above all, we conclude that this species has diverse adaptive strategies and a strong invasive capacity. It is urgent to find some way to slow or even stop its invasion effectively.

Keywords: adaptive strategies; exotic species; fine structures; invasion biology; *Sicyos angulatus* L.

Introduction

With accelerating interconnections in global trade and rapid changes in climate and land cover, the introduction and escape of invasive species have caused serious social impacts and ecological effects, which have attracted the close attention of the whole world (Chaffin *et al.*, 2016). There are exotic species in every corner of the world, and Antarctica, which is infrequently, is no exception (Tavares and De Melo, 2004). Nonnative invasive species can significantly disrupt ecosystem structure and function by affecting ecological processes and community dynamics (Gandhi and Herms, 2010; Yurkonis *et al.*, 2010), directly reducing the number of native species and causing great harm to agriculture, forestry, animal husbandry, and fisheries in communities that have been invaded. Environmental and economic costs caused by the invasion of alien species have been calculated at more than $138 billion per year in the United States (Pimentel *et al.*, 2000).

Biological invasions are considered to be the second leading contributor to the loss of biodiversity worldwide only after habitat fragmentation (Enserink, 1999).

Burcucumber (*Sicyos angulatus* L., Cucurbitaceae) is a summer annual herbaceous vine that is native to the eastern United States (Britton and Brown, 1913). This species is widely planted as fence decoration because of its rapid vining growth and greening effect. However, it may become an extremely invasive plant depending on its ability to naturalize and crowd out other species. Thus, Delaware, Indiana, and Kentucky in the United States have considered it a harmful weed and have taken steps to limit its spread (Webb and Johnston, 1981; Smeda and Weller, 2001). The species has also been found in Canada, Mexico and the Caribbean Islands. *S. angulatus* was introduced into Europe in the 19th century as an ornamental species (Hulina, 1996). After that, it soon escaped to many European countries, such as former Yugoslavia, Austria, the Czech Republic, Italy, Romania and Russia (European portion and Siberia), Sweden, Norway, France, the United Kingdom, Spain, Germany and Turkey (Vasilchenko, 1957; Prodan

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and Nyarady, 1964; Tutin, 1968; Uffelen, 1983; Ouren, 1987; Clement et al., 1994; Terzioglu and Ansin, 1999; Larche, 2004; Tzonev, 2005). Some countries in Asia have also suffered a great deal from *S. angulatus*. For example, this aggressive weed was discovered in Japan in 1952 (Nagata, 1972). It can develop in cultivated and uncultivated fields (Ebenshade and Orzolek, 2001) and invade native plant stands. According to the surveys made in Japanese, *S. angulatus* leads to the fields decrease by 80% with a population of 15-20 individuals per 10 m² and by 90-98% with a population of 28-50 individuals per 10 m² (Tzonev, 2005). The Environment Government of Japan has designated the weed as an invasive alien species (ISA) by the Invasive Alien Species Act since 2006 (EPPO, 2010). There have also been reports about this invasive species in parts of South Korea and India in Asia (Chang et al., 2015; Thakur, 2016). In China, Liu and Yang (1999) reported the discovery of *S. angulatus* and described it simply. Several years later, some reports appeared in several regions of China on which this kind of *S. angulatus* occurs. However, studies on the biological properties of *S. angulatus* have also been performed in several regions of China since 2006. For example, this species encroached native vegetation and spread rapidly (Wang et al., 2005; Che et al., 2013; Cao et al., 2014). Except for human introduction, the long-distance dispersal of *S. angulatus* may be attributed to animal dispersal (Marks, 1992). Seabirds are known to nest in habitats where *Sicyos* occurs (Marks, 1992). The small, single-seeded fruits of many species of *Sicyos* can be transported across bird migration routes by means of adhering to the plumage of birds via their retrorsely barbed spines (Sebastian et al., 2012). In addition, species of *Sicyos* often occur in disturbed habitats, especially the widespread species *S. angulatus* (Sebastian et al., 2012). This species can grow in a wide range of habitats such as coastal areas, lowland shrub lands or rainforests up to 2000 meters in elevation. There is a vast area of adaptation of *S. angulatus* throughout the world, so it is urgent to find some way to slow or even stop its invasion effectively.

A series of advances have been made in the study of plant morphological structures and their adaptability to the environment. For example, Micco and Aronne (2012) explored the structural characteristics and adaptive strategies of plant drought resistance and found that the combination of different morphological structures could help plants adapt to different degrees of drought stress. However, studies on the biological properties of *S. angulatus* mainly include taxonomic descriptions. Some studies, such as Qu et al. (2010), described the species in more detail with manual drawings, but few studies have focused on its in-depth morphology and anatomy and how these characteristics are related to its adaptive strategies and intensify invasions.

The purpose of this study is to elaborate on the morphology and anatomy of *S. angulatus* by means of 1) morphological observations, 2) a fine-structure anatomy study, 3) paraffin sectioning and pollen observations with a scanning electron microscope. Based on the above we can analyze the adaptive strategies of some special structures and evaluate the invasive ability of *S. angulatus*. We expected to contribute to preventing invasions and proposing control strategies for *S. angulatus* based on the adaptive strategies we discuss below. We expected to contribute to preventing invasions and proposing control strategies for *S. angulatus* based on the adaptive strategies we discuss below. We expected to contribute to preventing invasions and proposing control strategies for *S. angulatus* based on the adaptive strategies we discuss below.

### Materials and Methods

#### Field site and survey

The field investigation was carried out in Linhai Park in Weihai, China (37°28′44″N, 121°57′48″E), which has a warm temperate continental monsoon climate with four distinct seasons. The dominant species in the park is Japanese black pine (*Pinus thunbergii* Parl.). Here, the cultivated tree species has developed into artificial pure forests with brooks on the ground underneath. All of these features form a damp, shady environment in which the expanding ability of the shade tolerant plant *S. angulatus* is strong (Zhang et al., 2007). Here, we found *S. angulatus*, which had established populations. *S. angulatus* invaded the area adjacent to Weihai and caused considerable damage, such as Dalian (Zhang et al., 2007). We began to monitor communities that were invaded and the surrounding areas. We continuously observed the population of *S. angulatus* for two years, recording the life-history strategies of this species and taking photos of its habitat and structural characteristics.

#### Experimental design

Samples were collected in Linhai Park seasonally. Some of the samples were dissected directly when fresh, and others were stored in formalin-acetoc-ethanol (FAA) for subsequent experiments.

#### Fine-structure anatomy study

The fine-structure anatomy study focused on the fine structures of the plant organs by dissecting them directly when fresh and taking high-definition photos with macrophotography. We paid attention to the structures on the surface of the plants, such as the kind of hairs, the number, size, arrangement and bloom order of the male and female inflorescences, the number and size of the staminate flowers and pistillate flowers and their longitudinal sections, the traits of the anthers, stigma and ovaries in single flowers, and the surface and anatomical structures of the fruits and seeds. To track the growth trajectory of this weed, we collected specimens at different stages in its life history and compared. Through this procedure, we aimed to detail the morphological structures along with photographs and analyse how these structures enhance their invasive ability during growth.

#### Paraffin section technology study

Paraffin section technology showed the organizational structures of various organs of the plants, such as epidermal cells, parenchyma, mechanical tissue, and other special cells that have critical functions, such as sclereids. We looked at the paraffin slices under a microscope and took multiple pictures. Then, we picked out photos of the rootstock, stem, and leaf blade and looked at partially enlarged images to examine specific structures. In this experiment, we tried to examine whether the internal structures could make a difference on adaptability of *S. angulatus*. 

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Observation of pollen with a scanning electron microscope

Pollen morphology is of special value in the study of plant origins, evolution, classification and phylogeny. The appearance and application of scanning electron microscopy (SEM) have pushed the study of pollen morphology into a more precise stage. To analyze *S. angulatus* with a very comprehensive description, we observed pollen grains using scanning electron microscopy and described them by shape, outline, approximate size, number of sulcus, ornamentation of the sulcus membrane and exine.

Results

Morphological structures

Based on the observations and experiments, we optimized the description with high-definition photos covering all aspects of *S. angulatus* (Fig. 1). Plants are scendent or creeping, reaching 5-10 m in length and sometimes longer (Fig. 1A). There is a thick rootstock underground that seems to favor the storage of nutrients (Fig. 1B). We dug out the root and rootstock of *S. angulatus* in winter and found it completely dried; thus, we determined that it is an annual herbaceous vine. The stems are angular and covered with white hispid (Fig. 1C). There are axillary tendrils with 3-5 branches (Fig. 1D). The branches start from 2-5 cm above the base of the tendril and then branch again on the primary branches, even with a tertiary branch. The leaves are alternately arranged and palmately 3-5-lobed or divided (Fig. 1E). The leaves on both sides are pubescent, with margin denticulate. The flowers are monoeocious arising from a pubescent peduncle (Fig. 1F, I). Staminate flowers are 6-10 mm in diameter and assembled in racemose or paniculate inflorescences (Fig. 1B). We found some ants with excessive amounts of probing into the flowers, in which contains an assemblage of sucrose, pollen, and nectar (Fig. 1G, H). Longitudinal cuttings of the staminate flowers showed that there was a significant disk under the anthers (Fig. 1G, H). Longitudinal cuttings of the staminate flower include the epidermis, the palisade tissue, the spongy tissue, and a small amount of mechanical tissue (Fig. 2C). The epidermal cells are closely arranged, having a few stomata and epidermal hairs. Outside the epidermis is a thin layer of stratum corneum. There is only one layer of palisade tissue cells in the mesophyll tissue. In the spongy tissue adjacent to the palisade tissue, the cells are arranged very loosely.

Pollen morphology

The pollen grains of *S. angulatus* are spheroid and have a diameter up to 200 µM (Fig. 2F). The finely echinate exine is coriaceous with reticulate veins on the whole surface. There are eight to ten embolic sulci (Fig. 2C). Each sulcus is the same length, which is equal to half the circumference of the pollen grain, and the sulci membrane is smooth.

Discussion

Morphology strategies

Rootstock is an important storage organ of nutrients and is common in biennial or perennial herbaceous dicotyledonous plants. Although rootstocks in perennials are also common in Cucurbitaceae, *S. angulatus* may be an annual herbaceous vine because we dug out the root and rootstock of *S. angulatus* in winter and found it completely dried up. Therefore, it is notable to find a thick rootstock in such a short-lived type of vegetation. Reports on the rootstock of *S. angulatus* are limited to the rootstock of cucumber (Zhang et al., 2006), and none specified the function of the swollen modified stem. We analogized the
Fig. 1. The morphological structures of *S. angulatus*. (A) habitat. (B) rootstock and root. (C) stem. (D) tendrils. (E) leaf blade. (F) pistillate and staminate inflorescence and single flower. (a) pistillate flower. (b) staminate flower. (G, H) ants visiting staminate flowers. (I) anatomical structure of the flowers. (c) longitudinal sections of a staminate flower. (d) longitudinal sections of a pistillate flower. (e) transverse sections of a pistillate flower. (f) anther. (g) stigmas. (J) fertilized pistillate flowers. (K) immature infructescence. (L) immature single fruit and its surface. (M) spines. (N) beaklike structure originating from the epicarp. (O) mature infructescence. (P) mature single fruit and its surface. (Q) beaklike structure. (R) seed.

Fig. 2. The organizational structures of the leaf blade, stem and rootstock. (A) rootstock. (B) stem. (C) leaf blade. (D) partial enlarged detail of the rootstock. (a) sclereid in the rootstock. (E) partial enlarged detail of the stems. (b) collenchyma in a leaf. (F) pollen grain. (c) sulcus on a pollen grain.
organ to the conical aboveground tubers, the pachyphodia, which often occur in perennial cucurbits. When rocky substrates make it difficult for underground water-storing root systems to form, pachyphodia would bear an adaptive trait for surviving in xeric environments (Olson, 2003). We can infer that the developed rootstock should accumulate various storage substances during development and support the spread of the plant even in arid, saline and other harsh conditions.

Tendrils, the modified shoot common in Cucurbitaceae, are generally divided into simple tendrils, branched tendrils with a basal section that does not coil, and branched tendrils with a coiling basal section (Jeffrey, 1962, 1966; Lassnig, 1997). There are auxiliary tendrils bearing 3 to 5 branches in S. angulatus, which start from 2-5 cm above the base of the tendril. The plant will secure supports when the apex of the tendrils comes into contact with objects such as trees. If the tendrils and branches cannot reach the support, the primary branches will branch again. Similarly, tertiary branches may also occur if the plant cannot climb up the support with its primary and secondary branches. Once one of the branches suffers damage and cannot attach to support structures, the other branches would be an alternative. These multistage branches make the plant climb higher and strive for better photosynthesis opportunities.

The infructescence is composed of 8-10 ovate-oblong fruits. Each single fleshy fruit is carpeted with dense articulate hairs mixed with slender white spines with dense barbs arranged on each spine. The white articulate hairs simulating the spines are suspected as a warning. If animals ignore these hairs, the hard spines will stab the animals. Beyond that, Sebastian et al. (2012) believe that the particular spiny form of the fruits of Sicyos may be related to its spread. Therefore, we think that the dense barbs on the spines can attach to surrounding objects such as herbivores for long-distance propagation. However, the slender white spines with dense barbs will fall off gradually during maturation, while the verrucose points on the surface of the fruit originating from the epicarp will become beaklike. The beaklike structure may be another way to adhere to something that can catch the prickly fruit, such as the plumage or fur of animals. From this, we conclude that the major function of spines is a defense against herbivores. The secondary function of the spines is for the long-distance dispersal of S. angulatus, which may be mainly completed by the beaklike lignified thorn because most barbed spines will fall off during the period of fruit propagation. Species of Sicyos have very different types of fruits and have evolved astastically (Sebastian et al., 2012). Some are obovoid, fleshy-fibrous and completely unarmored with an obtruse tip (Lira and Nee, 1999). Nevertheless, Sicyos species that have experienced long-distance dispersal events, such as S. angulatus, all have spiny fruits (Sebastian et al., 2012). The fruits of S. angulatus could even arrive thousands of kilometers away from their original habitat across birds migration routes (Carlquist, 1996).

Anatomy strategies

It was recorded that S. angulatus could reach more than 10 m in length. We even found the plant growing up to 20 m in follow-up investigations. Because the annual herb experiences highly seasonal growth with the underground organ drying completely in winter, the species lacks aboveground parts for long periods in the year (Gentry, 1991). From above, there must be some structures that support its rapid growth.

The structures of the leaf blades include a thin stratum corneum, a few stomata, only one layer of palisade tissue cells in the mesophyll tissue, and fewer mechanical tissues. All of these features validate that S. angulatus prefers humid, frequently irrigated and shady conditions. Although the potential for range expansion seems to be limited to arid, semi-arid and relatively saline areas (Önen et al., 2018), S. angulatus can survive in many open and disturbed habitats along fencerows, wasteland, roadsides, and woodland borders (Zhang et al., 2007; Xu and Lu, 2017).

Several layers in the stem of the sclerechyma that separate the vascular area from the cortex allow the vascular bundles to always be well protected, and transport efficiency may be thereby enhanced. Species of Cucurbitaceae are regarded as an excellent model for analyzing phloem function based on an integrated long-distance signaling network (Xoconostlecázares et al., 1999; Lough and Lucas, 2006). Except for photosynthesize and some small molecules, there are a variety of macromolecules, such as proteins, that are found in the phloem translocation stream (Xoconostlecázares et al., 1999). These mechanical tissues and the components included in them have function in supporting the growth of long, nonwoody vines, which allows this species to climb and cover trees or shrubs. We found almost no other weeds surviving near S. angulatus, suggesting that this species is capable of rapid growth that allows it to outcompete neighboring species for sunlight and nutrients.

In addition, we found that a large number of sclereids appear beneath the epidermis of the rootstock. Most of the cytoplasm of these sclereids was disintegrated, leaving very thick lignified walls. It is the strongly lignified and thick-walled form that allows sclereids to have a mechanical function (Evert, 2006), which can protect the rootstock from the soil.

Reproductive strategies

The pollinators of S. angulatus that have been found are mainly bees, wasps, butterflies and various flies (Duchen and Renner, 2010). Other organisms have been observed visiting flowers in some Cucurbitaceae, which may also pollinate S. angulatus, such as bats (Duchen and Renner, 2010) and hummingbirds (Murawski and Gilbert, 1986). To our knowledge, no research has suggested ants as pollinators. The only connection between ants and cucurbits is fruit dispersal by harvesting ants (Renner et al., 2007). We have not found ants on the mature fruits of S. angulatus, and it seems impossible for ants to spread its fruits because the infructescence consists of 8-10 fruits, and each single fleshy fruit is carpeted with spines and a beaklike lignified thorn, which deters animals. However, we found some ants crawling on the male flowers during anthesis and picking up some pollen on their heads and mouthparts. This suggests ants could be pollinators of S. angulatus. Although the pollination mechanism by ants is not yet clear, the discovery of new pollinators shows that the pollination system of S.
S. angulatus may evolve specially with a change of habitat, which greatly enhances the pollination efficiency. The strong ability of pollination and the variety of pollination mechanisms of S. angulatus will inevitably lead to a higher fruit set rate, which will cause it to expand more quickly.

Except for the rootstock and root, there was no sign of growth of adventitious roots. Therefore, we speculate that the strong survival ability and high propagation rate of S. angulatus is mainly due to sexual reproduction. The flowers of most Cucurbitaceae are diclinous and monoecious, and dioecy seems to be the ancestral condition based on the family phylogeny (Schaefer and Renner, 2011). The diclinous flowers of S. angulatus are monoecious, and male and female flowers are self-incompatible. The staminate flowers are 6-10 mm in diameter, and the pistillate flowers are smaller, being 4-6 mm across but in much higher quantities. This increases the chance of the pistillate flowers being fertilized. The corollas of both sexes are white or yellow-green with green striaations and are densely covered with glandular hairs. We think this former feature can also attract pollinators and the latter can facilitate insects walking on the perianth. A single style with three stigmas that are often enlarged to mimic an androecium attracts pollinators who have already visited the male flowers (Dukas, 1987; Rust et al., 2003). In the flowering period, the axils of the upper part of the stem are filled with male and female florescences. There are hundreds of fruits on each plant, with each fruit containing one compressed smooth seed. Analyzing the evolutionary tendency of fruits with molecular trees, multiseeded fruits have been inferred to be the ancestral condition, while one-seeded fruits, such as those in Sicyos, evolved secondarily (Kocyan et al., 2007). The single large seed is covered with a crustaceous pericarp (Britton and Brown, 1913), which is actually covered with various types of protective layers (Barber, 1909). These seeds will be well protected until they are detached from the plant. Then, there will be hundreds of plants next spring if every seed germinates successfully.

S. angulatus has been considered an invasive alien species by dozens of countries because its harmful invasion has caused undesirable economic and ecological impacts. The weed has a suite of ecologically advantageous traits, such as a strong reproductive ability by producing abundant fruits and a high propagation rate by climbing with branched tendrils or dispersing with animals. Moreover, S. angulatus can also grow in a wide range of habitats, and thus, it can rapidly invade after it arrives. We found a population of S. angulatus in Weihai and realized that this species has strong expansion ability. This study detailed the morphological structures of S. angulatus and discussed the adaptive strategies of invasion in S. angulatus. Based on the findings, we advise that effective preventive and control measures can be implemented as follows. First, the mechanical control of the early life stages should be considered. There are hundreds of fruits on each plant, which is attributed to ample florescences and kinds of pollinators during the flowering season. Thus, we should pull seedlings in spring and repeat this action many times to remove the seedlings as much as possible because S. angulatus has a strong resistance to herbicides (Messersmith et al., 1999; Ebenshade et al., 2001), and it is necessary to cut the stems near the rootstock or remove the fruits before the mature fruits are taken somewhere suitable for seed germination. Second, several studies have focused on developing the byproducts of S. angulatus (Zhang et al., 2006; Kim et al., 2016; Kim et al., 2017). One example is that effect of using burcucumber as rootstock on the fruit qualities of cucumber plants is better than that using black seed pumpkin as rootstock (Zhang et al., 2006). Its application provides novel insights into the governance of S. angulatus. Perhaps it will become a useful cash crop rather than a harmful weed. Finally, monitoring measures that include risk assessments and extensive surveys could be a low-cost and effective approach. Only continuous prevention, control, and follow up monitoring can effectively address biological invasions.

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Conflict of Interest

The authors declare that there are no conflicts of interest related to this article.

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